

U11 Lap
(start) ABC(finish) - 1.6km

U13 Boys & Girls - 1 small Lap - 3.0km

U15 Boys & Girls - 1 large lap - 3.6km

U17 Men & Women - 2 small Lap - 5.2km
& Senior Women

Senior men - 1 large & 3 Small - 10km

Witton Park

(Not to Scale)

Small Lap
(start) ABCEAB (finish)

Large Lap
(start) ABCDEAB (finish)

